### Domestic Abuse – Support for those potentially at risk of harm

### If you are in immediate danger, please call 999.

If you are in danger on campus, you can contact Security:

Emergencies only: 0113 3432222

Non-emergencies: 0113 3435494/5

If you are at risk of harm away from campus, you can contact:

Leeds Domestic Violence Service 24 hour helpline: 0113 2460401

Email: [administration@leedswomensaid.org.uk](mailto:administration@leedswomensaid.org.uk)

Website: [ldvs.uk](https://ldvs.uk/)

National Centre for Domestic Violence 24 hour helpline: 0800 9702070

Email: [office@ncdv.org.uk](mailto:office@ncdv.org.uk)

Website: [ncdv.org.uk](https://www.ncdv.org.uk/)

These organisations support anyone experiencing domestic violence and abuse, regardless of their identities and backgrounds.

### What is domestic abuse?

It is estimated that one quarter of women and one sixth of men are victims of domestic abuse at some point in their lives. Domestic abuse can affect people from all backgrounds, genders and sexualities, both as victims and perpetrators. The University recognises that staff and students can be affected by domestic abuse, and this will have an impact on their safety, wellbeing, and ability to work or study.

Domestic abuse is wider than physical violence. It includes emotional and psychological abuse. It also covers a range of intimidating, controlling or coercive behaviour. For instance, if somebody you live with takes control of your finances or property (including your mobile phone), stops you from meeting or contacting your friends or family, or tries to stop you from going out, this is domestic abuse.

Domestic abuse can be from your partner or ex partner, family members, anyone you live with or who regularly visits or stays at your home.

If you are experiencing or have been threatened with domestic abuse, it is never your fault and you are entitled to help and support. If you report domestic abuse to the University, you will be believed.

### How the University can help and support you

The University can support students and staff in their studies or working arrangements if you tell them that you are at risk. You can speak in confidence to your personal tutor, supervisor or manager, and they will be able to offer initial support and, if necessary, put you in touch with specialist advisors and / or agencies.

If you are a student, this support can include (but is not limited to):

* A change of residence (temporary or permanent)
* A change of study arrangements (temporary or permanent)
* Support via the Student Counselling and Wellbeing service [students.leeds.ac.uk/info/100001/counselling\_and\_wellbeing](https://students.leeds.ac.uk/info/100001/counselling_and_wellbeing)
* Referral to specialist advice such as counselling or legal advice
* Support in attending any relevant appointments
* Support in a mitigating circumstances application
* Support from Leeds University Union [luu.org.uk/help-support/](https://www.luu.org.uk/help-support/)

If you are a member of staff, support from your manager/supervisor can include (but is not limited to):

* Support via the Staff Counselling and Psychological Support Service [wsh.leeds.ac.uk/staff-counselling](https://wsh.leeds.ac.uk/staff-counselling)
* Changes in working arrangements
* Support in the sickness and/or other absence processes
* Referral to specialist advice
* Support in attending any relevant appointments

## Other support available

Other organisations which can provide non-emergency advice and information include:

**Basis** – [basisyorkshire.org.uk/](https://basisyorkshire.org.uk/) - support for women and young people suffering sexual violence, including boys  
**Behind Closed Doors –** [behind-closed-doors.org.uk](http://www.behind-closed-doors.org.uk/)  
**Galop UK** – [galop.org.uk](http://www.galop.org.uk/) – support for LGBT people experiencing domestic abuse  
**Karma Nirvana** – [karmanirvana.org.uk](http://www.karmanirvana.org.uk/) – support for people at risk of forced marriage or honour based violence  
**Leeds City Council Safeguarding** – [leedssafeguardingadults.org.uk/](https://leedssafeguardingadults.org.uk/)  
**Leeds Women’s Aid** – [leedswomensaid.co.uk/](https://leedswomensaid.co.uk/)  
**Living Without Abuse** – [lwa.org.uk](http://www.lwa.org.uk/)  
**Mankind Initiative** – [mankind.org.uk/](http://www.mankind.org.uk/) - support for men suffering domestic abuse  
**National Stalking Helpline** – [stalkinghelpline.org](http://www.stalkinghelpline.org/)

**Rape Crisis -** [rapecrisis.org.uk/](https://rapecrisis.org.uk/)

**Refuge** - [nationaldahelpline.org.uk](https://www.nationaldahelpline.org.uk) – for women and children suffering domestic abuse  
**Respect** – [respect.uk.net/pages/29-helplines](https://www.respect.uk.net/pages/29-helplines) - support for men suffering domestic abuse and also help for perpetrators of abuse  
**Respect not Fear** – [respectnotfear.co.uk/](http://www.respectnotfear.co.uk/) - for young people suffering abuse. Includes advice on what an unhealthy relationship looks like.  
**Rights of Women** – [rightsofwomen.org.uk](http://www.rightsofwomen.org.uk/) – provide legal advice for women

**Scope** - [Finding emergency housing | Disability charity Scope UK](https://www.scope.org.uk/advice-and-support/how-to-find-emergency-housing-if-you-feel-unsafe/) – information for disabled people suffering abuse who need to leave their home.

**Surviving Economic Abuse** – [survivingeconomicabuse.org/i-need-help/#\_blank](https://survivingeconomicabuse.org/i-need-help/#_blank) –support for people whose finances are at risk from their partners in any way  
**Support After Rape & Sexual Violence Leeds (women and girls)** - [supportafterrapeLeeds.org.uk](http://www.supportafterrapeleeds.org.uk/)  
**The Hideout** – [thehideout.org.uk](http://www.thehideout.org.uk/) – information on the effects of domestic abuse on children

**Women’s Aid -** [womensaid.org.uk/](https://www.womensaid.org.uk/) **Information is also provided for people with disabilities suffering domestic abuse** <https://www.womensaid.org.uk/the-survivors-handbook/the-survivors-handbook-disabled-women/>

**Women’s Counselling & Therapy Service** – [womenstherapyleeds.org.uk/](http://www.womenstherapyleeds.org.uk/)